



Whittington Health Library - Reflective Reading Club checklist

This checklist is designed to provide you with a reflective framework to assist in the process of reflection when reading, assessing and potentially applying what you've read into clinical practice. We use the SRLA Tool designed by Collins and Brown (2015) to guide ourselves through the reflective reading process. **(Collins, G. 'Using reflection on reading for revalidation', Nursing Times, 2015, 111, 23/24, pp. 14-16)**

To take part in the Reflective Reading Club you should have read the article at least once in full before the session and made notes using the checklist.

You will need to make brief notes for each of the four sections – these notes will provide written documentary evidence for your portfolio that can be used for revalidation purposes, i.e. that you participated with peers in reflective practices. This can be used as one of the reflective accounts that you need to produce.

Your checklist is on the next page 😊

Consider:

1. Is this paper UK based, does this matter? Are you interested in an international perspective?
2. Where is this article/report published? Is it from a credible journal/organisation – how do you know?
3. Where would you look for good quality research or reports?

(With thanks to Lisa Burscheidt - Assistant Librarian, Aubrey Keep library, Goodmayes)

SEARCHING	The Nursing directorate has selected this article for you to reflect on - why do you think that is?	
	What is it about this subject/article that is important or interesting to you?	
	Does it align itself with Trust aims and objectives? How is that relevant to you?	
REVIEWING	What are your thoughts from your initial reading of the article? What are the key issues within the article?	
	What new or reinforced learning can you take from this article? What have you learnt from it?	
LINKING	How does this article link to aspects of the NMC Code?	
	How is it relevant/potentially relevant to your own field of practice and that of your colleagues?	
ACTION	Has the group discussion/article raised issues or ideas that you hadn't considered before?	
	Identify at least one action point that you are going to implement as a result of reading, reflecting and discussing this article. You could use this action point as something to reflect upon with your revalidation mentor, confirmer or line-manager.	